

LOCAL LUNCH

LUNCH BOX WITH ANY SANDWICH, MUFFIN AND A COLD DRINK 14

Ham cheese and tomato toastie with mustard aioli	9
Turkey Reuben with Swiss cheese, sauerkraut and house pickled zucchini	11
Herb grilled chicken with tomato, lettuce, avocado and mustard aioli	10
Haloumi with guacamole, tomato, olive salsa and rocket	10
Cheese burger with tomato sauce and mustard aioli	10
Cheese burger with the lot - tomato, lettuce, bacon and egg	15
Jamaican jerked chicken wrap with corn salsa and chilli aioli	13

SALADS

Beetroot, haloumi, candied pecans, tomato, rocket and balsamic dressing	13
Mexican chickpea, corn, kale, rocket, quinoa, tomato, avocado, lime dressing	13
With steak	add 4
Lemon grass pork with vermicelli noodles, pickled carrot, cucumber and fried shallots with Vietnamese dressing	14
Sushi rice with house cured trout, cucumber, kale, rocket and avocado with a lime, soy and ginger dressing	14
Grilled herb chicken with avocado, mango, rocket, quinoa and citrus dressing	14

CAN'T WAIT UNTIL LUNCH?

Bacon and egg roll with chilli aioli - spicy	8
With cheese and rocket or a hash brown	add 2
Honey toasted Granola with yoghurt and fresh fruit	10
Brekkie wrap with scrambled eggs and mushroom	9.5
With bacon	add 3
Regular coffee	3.5
Large coffee	4
Daily baked muffins, ask us for today's flavours	3.5
Banana bread with espresso butter	5
Carrot cake with butter	5

WE DELIVER TO YOU! (02) 8040 9381